

# DECEMBER 2024

## THE HUB PLUS TRAINING

# NEWSLETTER



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## Welcome to The Hub Plus Training Newsletter!

Your go-to source for all things training and development. This newsletter is designed to keep you updated on the latest learning opportunities available to help you grow your skills and achieve your goals.

As we step into a new year, it's time to invest in yourself and your growth.

Whether you're looking to sharpen your skills, explore new tools, or simply enhance your professional edge, our upcoming training sessions for January, February, and March are designed to help you thrive.

**Start 2025 strong with us. Let's learn and grow together!**

**The Hub Plus - Supporting our General Practice  
family on their Primary Care journey.**

# INTRODUCTION



**Welcome to Hub Plus Training newsletter  
— your go to platform for learning, growth,  
and unlocking potential.**

Designed to support every team member, from beginners to experts, our training and e-learning is packed with courses and resources tailored to help you excel in your role and beyond. Best of all, much of the **training is free**, so you can dive into professional development at no cost.

Whether you're looking to expand your skills, explore new areas, or simply stay up to date our training and e-learning accessible, engaging, and enjoyable. Start exploring today and take the next step in your **Primary Care journey!**

**[Begin your Training Journey Here](#)**

If you have a question, need further support or just need someone to listen to your thoughts and concerns, please get in touch - **email:**  
**[ddlmc.thehubplus@nhs.net](mailto:ddlmc.thehubplus@nhs.net) or by phone: 07883 328933.**

**We are always listening, and we always care.**



Our comprehensive **Events Calendar** allows you to see all the upcoming training sessions and events.

For more details and exclusive offers, please click here:  
**[https://www.thehubplus.co.uk/  
events-calendar](https://www.thehubplus.co.uk/events-calendar)**

# JANUARY 2025

Start 2024 strong by joining our expert-led training sessions this January! Whether you're looking to upskill, refresh your knowledge, or explore new areas, we have tailored courses designed to meet your needs.

## Trauma Informed Cancer Care

Date: **30/01/25** Time: **19:00-21:00** Location: **Online**

[Click here to book your place.](#)

### Senior Career webinar series – Preparing for GP retirement and beyond

Date: **08/01/25** Time: **19:00-20:30** Location: **Online**

[Click here to book your place.](#)

### Flexible Working – For Staff and GPs

Date: **09/01/25** Time: **12:30-13:10** Location: **Online**

[Click here to book your place.](#)

### REACH Network Wellbeing Event

Date: **15/01/25** Time: **19:00-21:00** Location:  
Horizon Healthcare Meeting Room – 3, 5 Burton  
Rd, Derby DE1 1TH

[Click here to book your place.](#)

### Postvention Tools & Resources

Date: **15/01/25** Time: **13:00-14:30** Location: **Online**

[Click here to book your place.](#)

### Project Management Bitesize: Emotional intelligence

Date: **15/01/25** Time: **14:00-15:00** Location: **Online**

[Click here to book your place.](#)

### Diabetes Clinical Engagement

Date: **16/01/25** Time: **13:00-14:00** Location: **Online**

[Click here to book your place.](#)

### Care Navigation Refresher – For Receptionists

Date: **16/01/25** Time: **13:10-15:30** Location: **Online**

[Click here to book your place.](#)

### Psychological Safety (Via Teams) – All Staff & Leaders

Date: **23/01/25** Time: **13:00-14:00** Location: **Online**

[Click here to book your place.](#)

### Senior Career webinar series – Psychological transitions in late careers

Date: **29/01/25** Time: **19:00-21:00** Location: **Online**

[Click here to book your place.](#)

### Reward, Recognition & Leaving Well

Date: **29/01/25** Time: **12:30-13:10** Location: **Online**

[Click here to book your place.](#)

### Infection Prevention Control for Clinicians

Date: **31/01/25** Time: **10:00-12:00** Location: **Online**

[Click here to book your place.](#)

[Sign Up here](#)

Kickstart your year with growth and development by enrolling in our February Training Sessions! Whether you're looking to enhance your skills, learn new techniques, or stay ahead in your industry, our expert-led workshops offer something for everyone.

## Derbyshire Shared Care Record

Date: **19/02/25** Time: **13:30-14:15** Location: **Online**

[Click here to book your place.](#)

### Reach Network – Lunch & Learn: Cultural Competence in Patient Care

Date: **05/02/25** Time: **13:00-14:00** Location: **Online**

[Click here to book your place.](#)

### REACH Network: Matters of Intersectionality

Date: **12/02/25** Time: **19:00-20:00** Location: **Online**

[Click here to book your place.](#)

### Three Treatment Targets – Lipids

Date: **13/02/25** Time: **09:30-12:30** Location: **The Post Mill Centre-off Market St, South Normanton, Alfreton DE55 2EJ**

[Click here to book your place.](#)

### Civil Leadership: Guiding Teams with Respect and Kindness

Date: **13/02/25** Time: **13:00-14:00** Location: **Online**

[Click here to book your place.](#)

### Searching for Evidence using the CINAHL Research Database

Date: **14/02/25** Time: **12:00-15:00** Location: **Online**

[Click here to book your place.](#)

### Project Management Bitesize: Conflict in Project Management

Date: **19/02/25** Time: **14:00-15:00** Location: **Online**

[Click here to book your place.](#)

### Diabetes Clinical Engagement – Blood Pressure

Date: **20/02/25** Time: **13:00-14:00** Location: **Online**

[Click here to book your place.](#)

### Senior Career webinar series: Finance and Pensions Demystified

Date: **26/02/25** Time: **19:00-21:00** Location: **Online**

[Click here to book your place.](#)

### Assertiveness: handling difficult conversations with patients – For Front line staff and Receptionists

Date: **26/02/25** Time: **13:15-15:30** Location: **Online**

[Click here to book your place.](#)

### Current Asthma management guidelines

Date: **27/02/25** Time: **12:00-13:00** Location: **Online**

[Click here to book your place.](#)

[Sign Up here](#)

Looking to upskill or expand your knowledge? Join our March Training Sessions and unlock new opportunities.

Whether you're aiming to advance your career, build expertise, or simply learn something new, our sessions are tailored to suit your needs.

**Senior Career webinar series:  
Exploring opportunities for senior GPs**  
Date: **19/03/25** Time: **19:00–21:00** Location: **Online**  
[Click here to book your place.](#)

**Insulin initiation Training (EDEN)**

Date: **06/03/25** Time: **09:00–16:30** Location: **TBC**

[Click here to book your place.](#)

**Interpreting Blood Results**

Date: **10/03/25** Time: **09:00–16:00** Location: **TBC**

[Click here to book your place.](#)

**Derbyshire Shared Care Record**

Date: **12/03/25** Time: **13:30–14:15** Location: **Online**

[Click here to book your place.](#)

**Project Management Bitesize:  
Lessons Learnt**

Date: **12/03/25** Time: **14:00–15:00** Location: **Online**

[Click here to book your place.](#)

**Project Management bitesize: Template completion session as test prep**

Date: **19/03/25** Time: **14:00–15:00** Location: **Online**

[Click here to book your place.](#)

**Diabetes Clinical engagement meetings – Renal**

Date: **20/03/25** Time: **13:00–14:00** Location: **Online**

[Click here to book your place.](#)

**Three Treatment Targets–HbA1c**

Date: **27/03/25** Time: **09:30–13:30** Location: **The Post Mill Centre–off Market St, South Normanton, Alfreton DE55 2EJ**

[Click here to book your place.](#)

**[Sign Up here](#)**

# E-LEARNING MODULES

Explore Our Comprehensive Training Modules –  
Tailored for Every Need and E-Learning Style!

Our diverse range of training modules is designed to cater to a variety of goals and preferences, ensuring there's something for everyone at a time that suits you!

With topics ranging from foundational skills to advanced techniques, our modules are perfect for beginners and seasoned learners alike.

Dive into our user-friendly resources, and start building skills in a way and pace that works best for you!

check out some of the learning modules below:

## INDUCTION PROGRAMME

Suitable for all new and existing staff in GP practices within Derby and Derbyshire.

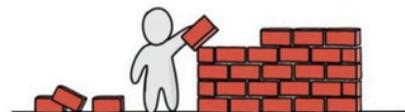
- How General Practice works and where it fits in a health and social care system
- Introduction to the training hub
- Multi-Disciplinary Team
- Resources for primary care clinicians



### Level 1 Infant Feeding Training

Training video series provides a foundation of knowledge suitable for all general practice staff including non-clinical staff.

“CONTINUOUS IMPROVEMENT



IS BETTER THAN



DELAYED PERFECTION”

### Derbyshire Quality Improvement Portal

a comprehensive platform designed to be your go-to resource for all things related to Quality Improvement in Primary Care in Derbyshire.

**Explore our full range by [Signing up here](#)**

Thank you for joining us for this edition of the  
**Hub Plus Training Newsletter!**

We hope these updates inspire your learning journey and empower you to make the most of the resources and opportunities available.

Keep exploring, keep learning, and keep growing with **The Hub Plus!**

## CONTACT US

We'd love to hear from you – our Primary Care family. What can we do to help YOU on your #primarycarejourney?

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 [07883 328933](tel:07883328933)

Find us on:     

**We are here and we are listening.**